The Right Door for Hope, Recovery and Wellness (Ionia County Community Mental Health)

REGULAR BOARD MEETING MINUTES

Monday, October 30, 2023, 4 p.m. 375 Apple Tree Drive Ionia, Michigan

1. Call to Order and Roll Call

Board Chairperson Deborah McPeek-McFadden called the meeting to order at 4 p.m. with roll call taken by Linda Purcey.

Member(s) Present:

Mary Barker, Clinton Galloway (zoom), Nancy Haga, David Hodges, Mariah Lab, Melissa McKinstry, Gretchen Nyland, Nancy Patera, Linda Purcey, Ron Thomas

Ex-Officio Member(s) Present:

CEO Kerry Possehn and Board Chairperson Deborah McPeek-McFadden

Members Absent:

Andrew Dinehart

Staff Present:

Brenda Charles, Nathan Derusha, Julie Dowling, Natasha Eggleston, Amanda Eveleth (zoom), Michele Hanses, Teresa Kiser (zoom), Jenny Lumley, Lisa Lubenow (zoom), Jodi Mohr, Jenny Scheurer, Alyssa Smith

2. Determination of Quorum

A quorum was determined to be present.

3. Public Comment

New employees Natasha Eggleston and Alyssa Smith were introduced by their supervisors. Natasha is Home Based Therapist and Alyssa is Youth Peer Support Specialist.

4. September 18, 2023 Committee of the Whole Meeting Minutes

MOVED by Melissa McKinstry and SUPPORTED by Nancy Haga to approve the September 18, 2023 Committee of the Whole meeting minutes as presented.

MOTION CARRIED unanimously.

5. <u>August 28, 2023 Board Meeting Minutes</u>

MOVED by Melissa McKinstry and SUPPORTED by Nancy Haga to approve the August 28, 2023 Board meeting minutes as presented.

MOTION CARRIED unanimously.

6. September 25, 2023 Board Meeting Minutes

MOVED by Nancy Patera and SUPPORTED by David Hodges to approve the September 25, 2023 Board meeting minutes as presented.

MOTION CARRIED unanimously.

7. <u>Acceptance of Agenda</u>

MOVED by Nancy Haga and SUPPORTED by Gretchen Nyland to accept the agenda as amended.

MOTION CARRIED unanimously.

8. Financial Statements – September 2023

CFO Nathan Derusha presented and reviewed the September 2023 financial statements.

9. <u>Pending Contracts – October 2023</u>

MOVED by Melissa McKinstry and SUPPORTED by Nancy Haga to approve the October 2023 contracts as presented.

MOTION CARRIED unanimously.

9a. FY 24 CMHA Board Association Dues

MOVED by Nancy Patera and SUPPORTED by Nancy Haga to approve the FY 24 CMHA Board dues as presented.

MOTION CARRIED unanimously.

10. Policy Review

MOVED by Melissa McKinstry and SUPPORTED by Gretchen Nyland to approve Policies C-392 Sentinel Events, F-236 Agency Vehicles, F-254 Allowability, F-256 Advance Payments, HR-501 Employment at Will, HR-510 General Environment, HR-524 Supervision, RR-119 Services Suited to Condition, RR-120 Research, and RR-122 Communication and Visits as presented and G-201 Board Governance Policies as amended.

MOTION CARRIED unanimously.

11. <u>2024 Benefits Package</u>

MOVED by Melissa McKinstry and SUPPORTED by Mary Barker to approve the 2024 Benefits Package as presented.

MOTION CARRIED unanimously.

12. Quality Improvement

MOVED by Melissa McKinstry and SUPPORTED by Nancy Haga to table the FY 2023 Quarter 3 Outcomes Report until the next Board meeting.

MOTION CARRIED unanimously.

13. Mid-State Health Network Affiliation Report

Board Member Gretchen Nyland reported that MSHN has finalized the rates for FY 24. The next meeting will be November 7.

14. <u>CMHA Report</u>

Board Vice Chair Melissa McKinstry reported on recent activities by CMHA and discussed current House Bills related to mental health and substance use disorders.

15. CEO Report

CEO Possehn provided status of the CFAP activity at the state level. She informed the Board that MSHN has calculated final rates for FY 24, rather than a deficit there is anticipated to be a \$5.8 mil surplus. MSHN region will be reviewing specialized residential contracts during FY 24. CEO Possehn discussed CCBHC and EBBP criteria. CEO Possehn told the Board that one of our Infant Mental Health workers attended a presentation in Lansing by a Native American person served where they advocated for the Native American population.

16. <u>Other</u>

Seven board members attended the CMHA Fall Conference last week, and many reported on the workshops they attended as well as the conference in general being very good. The topics of mentoring and orientation of new board members as well as updating current board members were discussed. Discussion was held regarding the fact that only four (CEI and Ionia, two agencies) of the 21 counties in MSHN were within budget. It was noted that this is due in large part to our CEO keeping the Board informed of all issues, unlike other CMH Boards practices. Board Vice Chair Melissa McKinstry has given information to CEO Possehn for a replacement for myStrength. She also clarified the definitions and use of "shall" and "will".

17. Board Meeting Wrap-Up September 2023 Review

Board meeting wrap-up questionnaire responses from September 2023 were included in the packet for review.

18. Board Meeting Wrap-Up Questionnaire

Board members were encouraged to complete the wrap-up questionnaire form which was included in the packet.

19 Adjournment

The meeting was adjourned at 5:26 p.m.

Minutes submitted by Jenny Scheurer